Labor & Delivery Rotation Objectives/Assignment

During this rotation, you should strive to

1. Differentiate between dilatation & effacement
2. Assess fetal heartrate
3. Assess contractions for frequency, duration & intensity
4. Differentiate between early & late decelerations and discuss significance of each
5. Discuss assessment of amniotic fluid and significance of findings
6. Assess pain in laboring patient and discuss pharmacological & non pharmacological methods of reducing/managing pain
7. Discuss normal vs. abnormal assessment in laboring patient
8. Explain the purpose for an episiotomy
9. Discuss the criteria for a C-Section to be performed
10. Calculate APGAR score at 1 and 5 minutes

Assignment:

Complete the plan of care for a laboring patient. For each nursing diagnosis, enter expected subjective & objective data; prioritized interventions with scientific rationales and evaluation.

Complete Medication template for each of the following medications: Oxytocin; Cervidil;

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| Assessment | Plan/Diagnosis | Interventions | Rationale |
| Objective:Subjective: | Acute pain r/t uterine contractions and stretching of cervix & birth canal |  |  |
| Objective:Subjective  | Risk for infection r/t multiple vaginal exams & tissue trauma |  |  |
| Objective:Subjective | Anxiety r/t hospitalization, birth/delivery process |  |  |
| Objective:Subjective: | Fluid volume deficit r/t decreased oral intake and increase fluid loss |  |  |