During your Maternal Neonatal clinical rotation, you will spend 1 day in Post-Partum care. In addition to this assignment, you will need to complete an assessment on 1 post-partum patient. Assessment forms are included in the assignment folder. In addition to skills you perform routinely in the clinical setting, you may also perform fundal massage, suture & staple removal, and other necessary skills to complete your assessment. The completed assignment is due on the Monday following your assigned clinical day.

Answer the following questions:

How frequently are vital signs performed in the post-partum period and what findings would be expected?

What location(s) should fundus be immediately after delivery, 2 days after delivery and 1 week after delivery?

What are normal characteristics of lochia and what progression of lochia is expected?

List appropriate nursing care to be administered for the following findings:

 Fundus above baseline level

 Fundus displaced from midline

 Boggy uterus, heavy lochia rubra

What are common causes of postpartum hemorrhage?

List s/s of infection in the following and describe nursing implications:

 Uterus

 Incision

 Breast

 Bladder

List s/s of the following complications and describe nursing actions:

 Thrombophlebitis

 Embolism

 Disseminated Intravascular Coagulation (DIC)

Complete a medication card for the following medication:

 Colace

 Percocet

 Methergine

 Lidocaine spray