

Patient Phone Numbers:
918-225-3992 or 918-225-9932

Dorms:
918-225-9931

CUSHING VALLEY HOPE DAILY SCHEDULE

100 South Jones
P.O.Box 472
Cushing, OK 74023

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00-7:30 cafeteria	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	8:00-8:30 Breakfast	8:00-8:30 Breakfast
7:35-7:45	Chapel	Chapel	Chapel	Chapel	Chapel		
8:00-8:40 LH	Communication	Communication	Communication	Communication	Communication		
8:50-9:40 LH	Lecture	Lecture	Lecture	Lecture	Lecture		
9:40-10:00 LH	Cup Ceremony	Cup Ceremony ----- <i>10:10 Discharge Planning Group</i>	Cup Ceremony	Cup Ceremony	Cup Ceremony		
10:00-12:00 FR	Family Group OPEN PATIENT TIME	Family Group OPEN PATIENT TIME	Family Group OPEN PATIENT TIME	Family Group OPEN PATIENT TIME	Family Group OPEN PATIENT TIME	10:00-12:00 Lecture For all patients & family on campus	10:00-12:00 Lecture For all patients & family on campus
11:10-12:00 LH	Lecture	Lecture	<i>11:00 Hot Seat if scheduled</i>	Lecture	Lecture		
NOON-12:30	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1:00-2:00 SR,CR,FR,EN LH	Small Group	Small Group	Small Group ----- <i>2:10-3:00 Opiate Group</i>	Small Group	Small Group -----	1:00-3:00 Patient Hour & Lecture For all patients & family on campus	1:00-3:00 Lecture For all patients & family on campus
3:00-5:00	OPEN 2-4 PM	OPEN 2-4 P.M.	3:45 Recreation	OPEN 2-4 P.M.	OPEN 2-4 P.M.	Recreation	Recreation
4:00-5:00 TBA	Hot Seat	Hot Seat		Hot Seat	Hot Seat		
5:00-5:30	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
6:00-7:00 LH	Patient Hour	Patient Hour	Patient Hour	Patient Hour	Patient Hour		
MEETINGS	AA/NA	AA/NA	AA/NA	AA/NA	AA/NA	AA/NA	AA/NA

All visitors on campus are expected to attend during scheduled activities or arrange visitation for after 5:00 p.m.
Visitors are to sign-in at the business M-F between 8am-5pm, and at the nurses station after hours & weekends.

Updated 2/11/14

10:00 p.m. Relaxation & Meditation Training in Lecture Hall